Freezer Inventory

Before you grocery shop again, determine what you really need by using this sheet to take an inventory of your fridge, pantry, and freezer.
You might be surprised to find you don't need to buy frozen peas after all!

Date: _____

Item	Quantity

Learn more about preventing wasted food and composting:
www.MakeDirtNotWaste.org / 651-270-7071

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